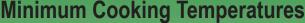




SHARING FOOD SAFELY IS YOUR BUSINESS



Raw animal foods such as eggs, fish, meat, poultry and foods containing these raw animal foods, shall be cooked to heat all parts of the food to a minimum temperature and length of time as described in FDA Food Code 2009, Chapter 3.

CATEGORY	TEMPERATURE AND TIME
GROUND MEAT & MEAT MIXTURES	
Beef, Pork, Veal, Lamb, Bison, Elk and other	155°F (68°C) or above for 15 seconds
game animals commercially raised for food	
POULTRY: WHOLE, PIECES OR GROUND	
Turkey, Chicken, Duck, Goose, Pheasants and	165°F (74°C) or above for 15 seconds
other poultry commercially raised for food	
STEAKS, CHOPS	
Beef, Pork, Veal, Lamb, Bison, Elk, Moose and	145°F (63°C) or above for 15 seconds
other game animals commercially raised for food	
ROASTS	
Beef, Pork, Veal, Lamb, Bison, Elk, Moose and	145°F (63°C) or above for 4 minutes
other game animals commercially raised for food	Alternative cooking times and temperatures depending on the size and type of roast and the oven used are
	described in FDA Food Code 2009: Chapter 3
MECHANICALLY TENDERIZED AND	
INJECTED MEATS	
Brined ham, flavor-injected roasts, tenderized	155°F (68°C) or above
steaks	for 15 seconds
EGGS AND EGG PRODUCTS	
Raw (shell) eggs that are broken and prepared	145°F (63°C) or above for 15 seconds
for immediate service	
Raw eggs that are cooked for later service	155°F (68°C) or above for 15 seconds
SEAFOOD	
Fish, Shellfish, and Crustaceans that are whole,	145°F (63°C) or above for 15 seconds
steaks, or fillets	
Chopped, minced, ground seafood	155°F (68°C) or above for 15 seconds
RATITES	
Ostrich, Emu, Rhea	155°F (68°C) or above for 15 seconds
STUFFING OR DRESSING	
Cooked in a casserole or stuffed in pasta, fish,	165°F (74°C) or above for 15 seconds
meat or poultry	
CASSEROLES/ COMBINATION FOODS	
Containing previously cooked foods	165°F (74°C) or above for 15 seconds
REHEATED FOODS	
MICROWAVE COOKED FOODS	
BALUT (ASIAN DELICACY)	

PARTIAL COOKING DURING PREPARATION

• Do not cook the food for longer than 60 minutes during the initial cooking

• Cool the food immediately

• Refrigerate or freeze the food

· Label the partially cooked food (Additional cooking is required)

• Heat the food to at least 165°F (74°C) for 15 seconds before selling or serving

HOLDING TEMPERATURES

Hot food at 135°F (57°C) or higher Cold food at 41°F (5°C) or lower

CHILL HOT FOODS

Chill to 70°F (21°C) in 2 hours or less; then to 41°F (5°C) in 4 hours or less. Total chilling time is less than 6 hours.

United Tribes Technical College **United Tribes Technical College** Land Grant Extension Program 3315 University Drive Bismarck, ND 58504 Phone: (701) 255-3285 Websites: www.uttc.edu www.FoodSafety.gov

Sponsored by the United Tribes Technical College Land Grant Extension Program and the United States Department of Agriculture (USDA) National Institute of Food and Agriculture (NIFA). We offer our programs and facilities to all persons regardless of race color, national origin, religion, sex, disability, age, veteran status, or sexual orientation, and are an equal opportunity employer.

Check out the UTTC Nutrition and Foodservice academic program for an associate of arts degree or certification programs.







