



UNITED TRIBES®
TECHNICAL COLLEGE

Advised Isolation Period

IF YOU TEST POSITIVE FOR COVID-19 (ISOLATE)

Everyone, regardless of vaccination status



- Stay home for 5 days
- If you have no symptoms, or your symptoms are resolving after 5 days, you can leave your house
- Continue to wear a mask around others for 5 additional days

Note: If you have a fever, continue to stay home until your fever resolves.

IF YOU WERE EXPOSED TO SOMEONE WITH COVID-19 (QUARANTINE)

If You:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J within the last 2 months



- Wear a mask around others for 10 days
- Test on Day 5, if possible

Note: If you develop symptoms, get a test and stay home.

If You:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated



- Stay home for 5 days. After that, continue to wear a mask around others for 5 additional days
- If you can't quarantine, you must wear a mask for 10 days

Note: If you develop symptoms, get a test and stay home.

Updates are current as of Monday, December 27, 2021, and may be changed without notice. Visit www.cdc.gov for more information about COVID-19.

Following 5 days of isolation, you may want to test again. If you choose to test on day six, here is how you should respond: If the new test is positive, you are advised to continue isolating until 10 days after your original symptoms started. If the test is negative, you can end isolation but are advised to wear a mask around others until day 10. Even after day 10, when in UTTC buildings, masks are required for all.

Transmission infectiousness mostly occurs in the first five days after diagnosis with Covid-19 somewhere in the range of 85% to 90%. The likelihood of transmissibility is considerably lower in the second half of the 10-day period after a positive result.